



# Cooperation training

## Cooperation within Teams & Teambuilding

### Seminar objective

Together you can achieve more: The success of companies depends to a large extent on cooperation within the group. Employees, teams and their managers work together in different constellations. Flexibility and agility are in high demand here. The methods of collaboration: virtual or face-to-face can also vary. In this training, the basic principles of teamwork are presented in a practical, understandable and comprehensive manner.

### Seminar content

#### Basics: Working successfully and efficiently in a team:

- Together into the future with agile teams
- Handing over responsibility
- Strengthening personal responsibility
- Self-responsible and constructive inner attitude in dealing with changes

#### The interaction within the team

- Psychological and group dynamic aspects of teamwork.
- Moderation techniques in the group
- The right way to deal with conflicts in the team
- The supervisor as coach of the group

#### Self-organization in agile teams:

- Defining the different team roles
- Designing decision-making processes in teams
- The management of one's own person

#### Motivation and outcome:

- Moderation techniques in the group
- Organizational requirements for teamwork
- Teamwork and quality thinking
- Transferring what has been learned to practice

### Methodology

Interactive and experience-oriented exchange  
Short trainer inputs  
Moderated discussion  
Individual and group exercises  
Practical examples

### Target audience

The cooperation training seminar is aimed at team leaders, team members and everyone who works in and with teams.

#### Course ref.

KOM1010

#### Participants

not more than 9 participants

#### Schedule

1. Day: 10:00 - 17:00  
2. Day: 09:00 - 16:00

#### Location & dates

##### Münster

18.11.2024 – 19.11.2024  
27.01.2025 – 28.01.2025  
14.07.2025 – 15.07.2025  
17.11.2025 – 18.11.2025

#### Fee

1.150,00 € (ex. VAT)  
1.368,50 € (inc. VAT)

Included in the price: Working documents, certificate of participation, lunch and coffee breaks.



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Mobilnummer

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Veranstaltung                      Seminarcode

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Firmendaten/Rechnungsempfänger

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Anzahl der Mitarbeiter in Ihrem Unternehmen

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